



SOUTHERN RIVERS
DENTAL

Southern Rivers Preoperative Conscious Sedation Instructions Form

1. **Do not eat or drink after midnight on the night before surgery.** If procedure to be performed is in the afternoon, the patient should have nothing to eat or drink for at least 6 hours prior to surgery.
2. Any medications that are normally taken should be taken with a sip of water, unless otherwise instructed by the doctor.
3. **A responsible adult must accompany the patient and remain in the waiting room for the entire time of the planned procedure. The procedure will not begin until the escort is in the waiting room.** This person must be able to drive since the patient will not be able to drive for at least 24 hours after the anesthesia or sedation. The escort must have a car in the immediate area during the surgery.
4. Loose clothes should be worn.
5. Contacts should not be worn the day of the planned procedure.
6. Anesthetic cannot be given if you have a severe cold, sore throat or sinus infection with excessive drainage. If you develop any of these problems prior to your appointment, please call our office at 770.304.0082 to reschedule your appointment.
7. Please remove fingernail polish prior to your appointment for adequate monitoring.
8. While taking antibiotics, birth control pills may be ineffective. Extra precautions should be taken while you are on antibiotics.
9. **Please arrive no later than 15 minutes prior to your appointment. If you are late, or do not have an attendant with you, the appointment will be rescheduled.**
10. Payment for surgery is expected at the time of service.

Patient Signature _____ Date _____